

"Works really, really well"



IUD Intrauterine Device



Implant



Surgical Sterilization



"Works pretty good"



Injection
Depo-provera



Hormonal Ring



Oral Pills



Patch



"OK. Not the best, but better than nothing"



Male Condom



Female Condom



Diaphragm



"Barely works. Would not recommend"



Calendar Tracking



Coitus Interruptus Pullout Method



Spermicide