

CONSENT

Freely Given

Consent should be given without feeling pressured, force or manipulation

Reversible

You can change your mind and give or withdrawal consent at any point.

Informed

Know exactly what you are consenting to and make sure your partners know what they are consenting to.

Enthusiastic

If it's not an enthusiastic "Yes!" its a no.

Specific

Consent is specific to what is going on in that moment and not the future.

