

HARM REDUCTION 2017

IN SASKATCHEWAN FIRST NATIONS COMMUNITIES

WHAT IS HARM REDUCTION?

Harm reduction is a respectful nonjudgmental approach to reducing harms of drug and alcohol use that meets people “where they are at”. For example:



PEER SUPPORT



NEEDLE DISTRIBUTION/
SUPERVISED INJECTION SITE



DISTRIBUTING CONDOMS



ACCESS TO NALOXONE TO REVERSE OPIOID OVERDOSE



ADDICTION PROGRAMS



OPIOID REPLACEMENT PROGRAMS



CONNECT TO CARE

THE NUMBERS:

23

HIV TESTING SITES

828

PEOPLE TRAINED ON NALOXONE FOR OPIOID OVERDOSE

13

MOBILE NURSING & OUTREACH TEAMS

19

FIRST NATIONS COMMUNITIES HAVE HARM REDUCTION PROGRAMS THAT ARE HELPING TO LIMIT THE SPREAD OF HIV AND HEPATITIS C BY PROVIDING CLEAN NEEDLES AND ENCOURAGING SAFER SEX PRACTICES.

200

PROVIDERS OF MEDICATION ASSISTED TREATMENTS

450

NALOXONE KITS DISPENSED

11

ADDICTION TREATMENT CENTRES

THE 2016 RESULTS:

FOR FIRST NATIONS COMMUNITIES

- ↓ **9% DECREASE** in Hepatitis C cases
- ↑ **10% INCREASE** in HIV cases
- ↑ **27% INCREASE** in harm reduction programs
- 📄 **50% NEW HIV CASES** self-reported injection drug use as a primary risk factor

FOR FIRST NATIONS PEOPLE ACROSS THE PROVINCE

- ↑ **11% INCREASE** in number of HIV tests
- 👤 **2491 PEOPLE** enrolled in opioid replacement programs

DID YOU KNOW?

Health Canada’s **Non-Insured Health Benefits Program** covers the cost of HIV and Hepatitis C medications for all registered First Nations regardless where they live.

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